



You are making a difference at MES by serving safer foods! Thank you!

For all class parties: Please remember **only individually wrapped, purchased items** will be allowed to be served at school. No bakery cupcakes or cookies, homemade goodies or food will be permitted in the classroom. These are a few suggestions:

- Fresh vegetables (sacks of carrot/celery sticks, broccoli, cauliflower)
- Fresh fruits (sacks of apples, bananas, grapes, oranges, strawberries)
- Apple sauce
- Raisins
- Fruit roll ups
- Twizzlers
- Fruit gummies or Gummi Bears
- String cheese
- Cubed cheese
- Go-Gurt yogurt
- Jello snacks
- Jello pudding cups
- Cheez Its by Sunshine, Cheese Nips by Nabisco, Wheat Thins by Nabisco, Triscuits by Nabisco, Nabisco Honey Maid Graham Crackers , Nabisco Ritz crackers, Pepperidge Farm goldfish (currently all flavors)
- Nabisco Barnum's Animal crackers, Nabisco Chips Ahoy, Chips Ahoy Chewy, Nabisco Teddy Grahams, Nabisco Classics Iced Animal Cookies, Nabisco Nilla wafers, Nabisco Oreo cookies, Keebler Fudge Shoppe Fudge Stripes, Keebler Animal Cookies Frosted, Keebler E.L. Fudge Originals
- Hostess Cupcakes
- Hostess powdered mini donuts Rice Krispie Treats
- Rice Krispie Treats
- Krispy Kreme Doughnuts
- Bugles, Doritos, Sun Chips, Fritos Corn Chips, Doritos, Funyuns, Lays Classic, Bugles, Cheetos, Pringles, Rold Gold Pretzels (Plain)
- Air Heads, Lifesavers, Skittles, DumDums, Starburst, Tootsie rolls, Wonka Sweet-Tarts, Nerds, Smarties, Hershey Kisses (plain, milk chocolate only), Hershey's milk chocolate candy bars (standard size only with label attached)
- And of course, any non food item such as puzzle pads, stickers, or small trinkets/toys are great!

If your child is in a peanut free classroom please check the labels on ALL foods (even the ones listed above). Manufacturing practices change, sometimes daily. If an item contains peanuts, peanut oil, nuts, or nut oil, or has a statement as "May contain traces of...", or "Made on equipment that manufactures or processes...", or "Made in a facility that manufactures. . .," it is not considered safe.

Again, GREAT JOB this year and thanks for being such awesome folks to work with!

*Juli Rice, RN
School Nurse*